



## ACS Sports Physical Exemption Form

To ensure the safety and well being of each and every athlete, ACS requires each athlete to have a sports physical before they are allowed to compete in competition. This policy is in place to protect both the athlete and the school.

Understanding the difficulties, which can arise when trying to schedule a physical for your son or daughter, we have created this Athletic Physical Exemption Form. If your child will be having their athletic physical by the end of the first month of their season (Soccer – September, Basketball – December, Baseball – April), please sign and return this form to your child's coach or to the Athletics Office.

If your child does not have a sports physical on file by the end of the first month of their season, they will not be allowed to participate in athletic competition until they have obtained one.

Should you have any questions, please contact your child's coach or the Athletics Office.

Athletes Name \_\_\_\_\_

Date of Physical \_\_\_\_\_

I assume full responsibility for the health and well being of my child as it pertains to them competing in athletic competition for Atlantic Christian School. This is due to the fact that my child has not had a sports physical at the time they began competing for the school.

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_